Allergen														
Information		_												
(Updated February 2024)		Gluten												
()		9												
Y – Contains		βL												
M – May Contain		Cereals Containing												<u>o</u>
Way Comain		ıtai	10									Seeds		Sulphur Dioxide
Our suppliers and kitchen handle		lo	Crustaceans									ee)io
numerous ingredients and allergens.		S	Çe					ပ	Q		S			ır
Unfortunately, it is not possible for us	2	als	sta	ဟ		<u>u</u>		Mollusc	Mustard	, 0	Peanuts	Sesame	æ	hu
to guarantee that our products will be	Celery	ere	Ľ	Eggs	Fish	Lupin	Mik	 	ns	Nuts	eai	es	Soya	ᆸ
100% allergen or contamination free.	၁	2	၁	Ш	F	L	Σ	Σ	Σ	Z	Ь	S	S	S
Breads														
Baguettes		Υ								M				
Sandwich Bread		Υ												
Wrap		Υ												
Pretzel Roll		Υ		M			Υ		M	M		M	M	
Flaguette		Υ		M			Υ			M		Υ	M	
Mini Brioche Rolls		Υ		Υ	Υ		Υ					M		
Gluten Free Rolls				Υ										
Mini Ciabatta Rolls		Υ		M			M					Υ	M	
Naan Bread		Υ												
Soft Small Rolls		Υ		Υ			Υ						Υ	
Sandwich Fillings														
Bacon, Lettuce and Tomato				Υ			Υ		M					
Beef, Rocket & English Mustard		Υ		Υ					Υ					
Turkey Salad									Υ					
Ham Salad														
Tuna & Cucumber				Υ	Υ		Υ		M					
Prawn Salad		Υ		Υ			Υ		M					
Smoked Salmon & Cream Cheese		3.7			Υ		Υ							
Chicken Tikka Minted Yoghurt		Υ							M					Υ
Tandoori Chicken Minted yoghurt	Υ	Υ					Υ							Υ
Brie & Cranberry				\ <u>\</u>			Υ							
Egg Mayonnaise				Υ			Υ		M					
Hummus							V					Υ		
Mature Cheddar & Pickle							Y							
Roasted Vegetable & Feta				Υ			Y		M					
Cheese & Spring Onion Coronation Chickpea & Salad				ſ			T		Y					<u> </u>
		V							ſ					
Vegan Sausage & Mango Chutney		Υ		\ <u>\</u>										
Coronation Chicken		Υ		Υ										
Chicken & Bacon		Υ		Υ										

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Savories & Canapés		V		V			Υ							
Apple & Honey Sausage Rolls Coated Chicken Goujons	Υ	Y		Υ			Y						Υ	
Spring Rolls	Y	Y					ı		M			М	Y	
Indian Selection	M	Y							Y			M	Y	
Samosa	M	Y							•			IAI	•	
Falafel	141	Y												
Chilli Rolled Prawns	Υ	Y	Υ		Υ									
Vegetable Quiche	•	Y	•	Υ	•		Υ							
Chorizo & Cheese Straws		Υ		-			Υ							
Little Camembert Bites		Υ					Υ			М		Υ	М	
Cheese Straws		Υ		Υ			Υ							
Cheese Board	Υ						Υ							
Cheese Biscuits		Υ		M			Υ			M		M	M	
Meat Platter														
Antipasti Meat Platter							Υ							
Red Onion Chutney														
Isn't Chicken Goujons	M	Υ							Υ			Υ	Υ	
Chicken Bruschetta		Υ		Υ			Υ					M		
Sour Cream Dip				Υ			Υ							
Shicken Tikka		Υ											Υ	
Chicken Goujon														
Smoked Salmon Blinis, Cream		Y		Υ	Υ		Y							
Cheese		1/					\ <u>'</u>							
Roasted Veg & Feta Tart		Y		Υ			Y							
Goats Cheese & Caramelized Tarts		Y		Υ	Υ		Y							
Fishcakes Appareque & Barma Ham Spears		T		T	T		Ť							
Asparagus & Parma Ham Spears												Υ		
Crudities & Hummus Dip Mini Brioche Chicken Burger		Υ		Υ			Υ		Υ			1	М	
Fillet of Beef Crostini		Y		Y					Y				IVI	
Gluten Free Chicken Bites		•		•					•					

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Mixed Quinoa, Edamame, Green		Υ					Υ		Υ					Υ
Bean & Feta Salad		-					_		_					-
Coleslaw				Υ			Υ		M					
Caesar Salad		Υ		Υ	Υ		Υ		Υ					
Roasted Potato Salad				Υ			Υ		M					
Orzo Pasta Salad		Υ												
Watercress & Mint Salad							Υ							
Tuna Niçoise Salad				Υ	Υ		Υ							
Roasted Veg & Couscous Salad		Υ												
Prawn Salad		Υ			Υ		Υ		M					
Ham & Feta Salad							Υ							
Falafel & Hummus Salad		Y		V						M		Υ		
Gluten Free Pasta Salad				Υ					M					
Hot Food														
Vegetable Soups	Υ												Υ	
Chilli Con Carne														
Lasagne		Υ		Υ			Υ							
Cottage Pie		Υ					Υ		W					
Chicken Curry		Υ					Υ		Υ		M	M		\ <u>\</u>
Beef Bourguignon		Y												Y
Spanish Chicken & Chorizo Chicken Supreme	Υ	Υ					Υ							Y
Mini Poppadom's & Chutney	I	Y					M		М	М	М	М	М	I
Naan Bread		Ÿ					IVI		IAI	IAI	IVI	IAI	IAI	
Cornflake Tart		Y		Υ			Υ							
Treacle Sponge		Ÿ		Ÿ			Ÿ							
Apple Crumble		Y		-			Y			М	М	М		
Custard & Pouring Cream							Υ							
Hot Rice		Υ					Υ							
Breakfast														
Danish Pastries		Υ		Υ			Υ			Υ		М	М	
Croissants with Jam & Butter		Υ		Υ			Υ			M		M	M	
Pan au Chocolate		Υ		Y			Y			M		Υ	M	
Fresh Fruit Kebab														
Hot Bacon Roll		Υ											Υ	
Hot Sausage Roll		Υ											Υ	
Hot Quorn Roll		Υ												
Gluten Free Hot Bacon Roll				Υ										

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Cakes & Desserts														
Chocolate Brownie		Υ		Υ			Υ			Υ			Υ	
Lemon Cheesecake		Υ		Υ			Υ			M			Υ	
Shortbread		Υ					Υ							
Scones, Jam & Clotted Cream		Υ		Υ			Υ							
Rocky Road		Υ					Υ			Υ			Υ	
Millionaire Shortbread		Υ		Υ			Υ			M			Υ	
Malteser Cake		Υ												
Fruit Pot / Fruit Kebab														
Vegan Flapjack														
Mars Bar Cake		Υ					Υ			Υ	M		Υ	
Funky Eton Mess		Υ		Υ			Υ						Υ	
Mint/Orange Layered Cake		Υ					Υ			Υ			Υ	
Millionaire Shortbread		Υ					Υ							
Chocolate Tiffin		Υ					Υ			M			Υ	
Cornflake Sundae							Υ			Υ				